

Background

$$w_+ = w - \eta \nabla L(w)$$

How to choose *stepsize / learning rate*?

Descent Lemma

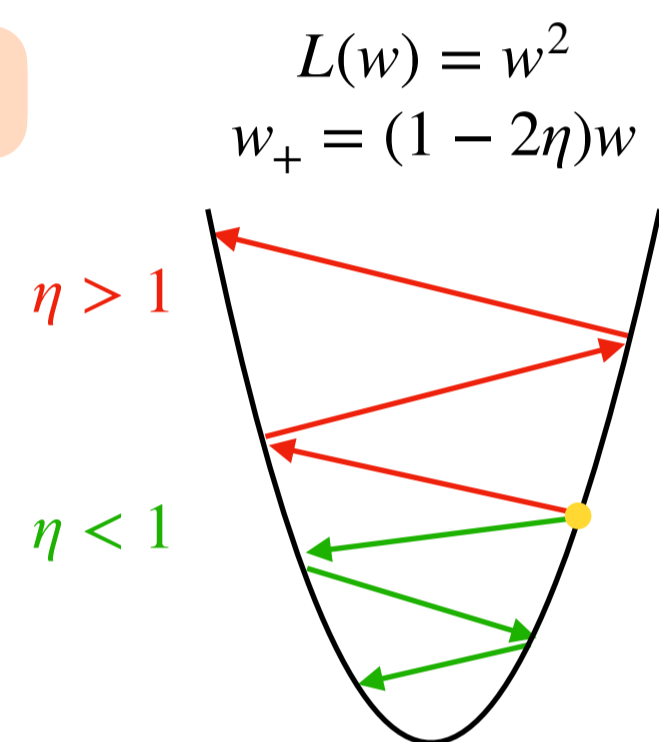
For **small** η , $L(w_t)$ decreases **monotonically**

For **large** η , $L(w_t)$ **diverges** for quadratics

$$L(w_+) = L(w - \eta \nabla L(w))$$

$$= L(w) - \eta \|\nabla L(w)\|^2 + \frac{\eta^2}{2} \nabla L(w)^\top \nabla^2 L(w) \nabla L(w) - O(\eta^3)$$

$$\leq L(w) - \eta \left(1 - \frac{\eta}{2} \|\nabla^2 L(w)\|_2\right) \|\nabla L(w)\|^2 - O(\eta^3)$$

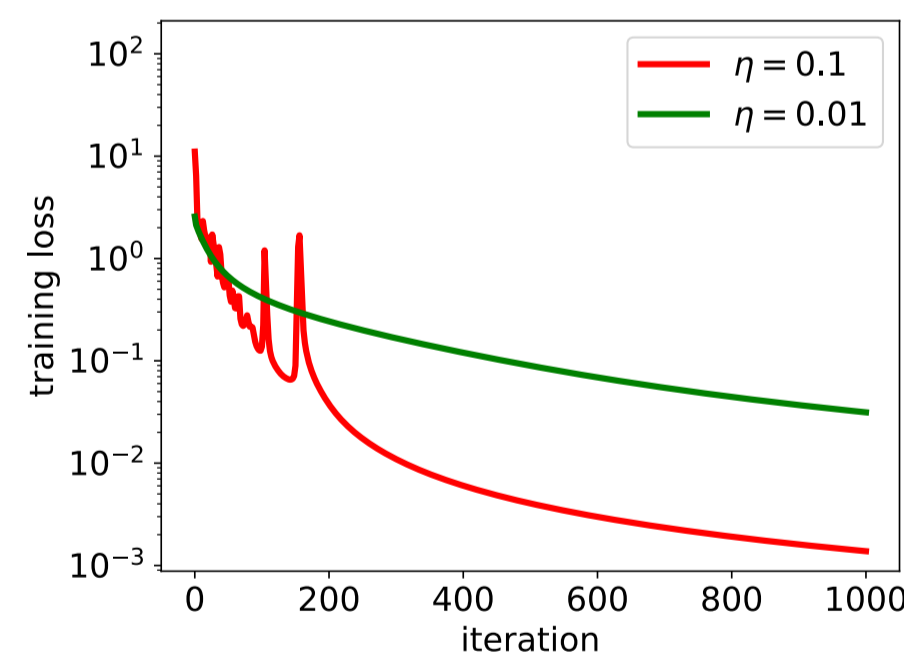


Edge of Stability

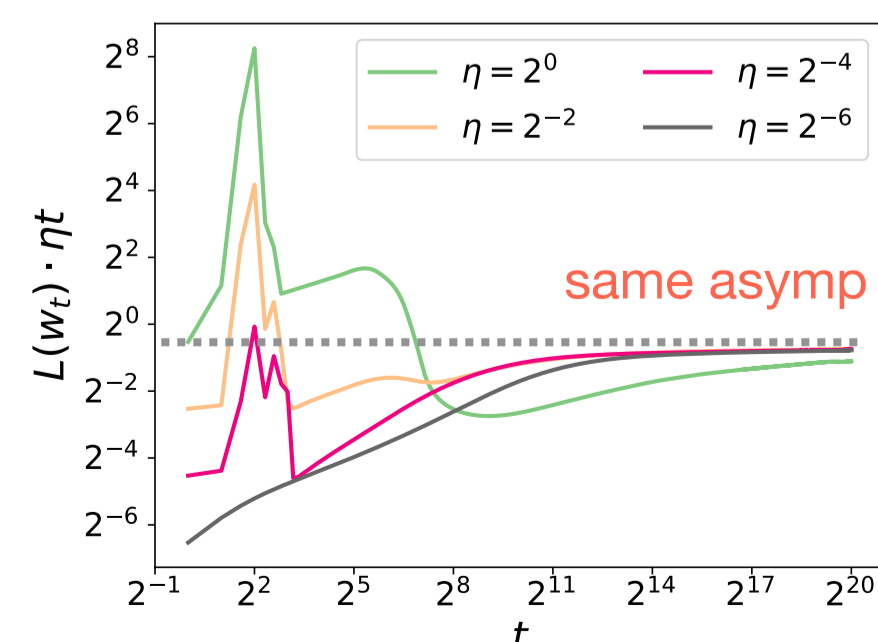
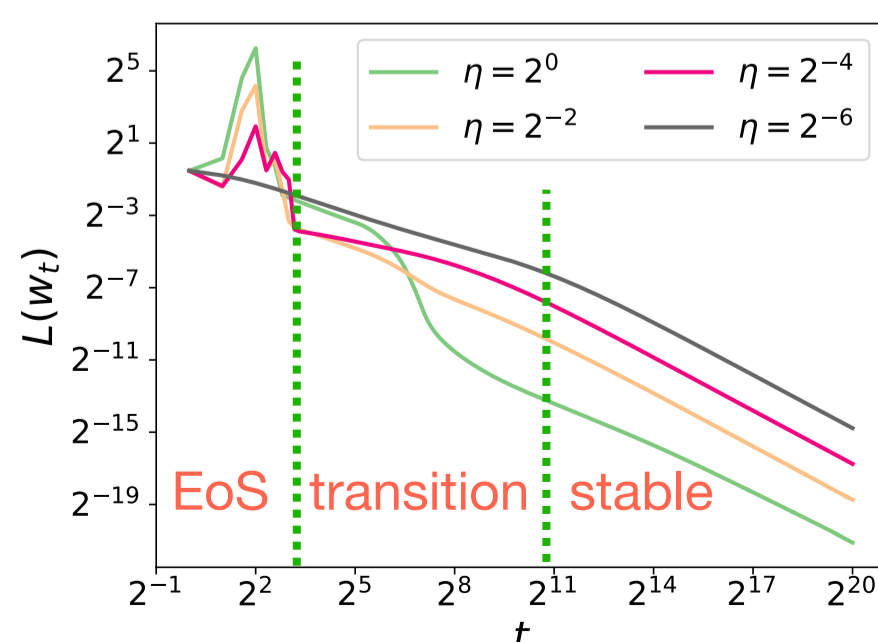
large stepsize works better

“spikes” or “edge of stability”

unexplained by descent lemma



3-layer net + 1,000 samples from MNIST



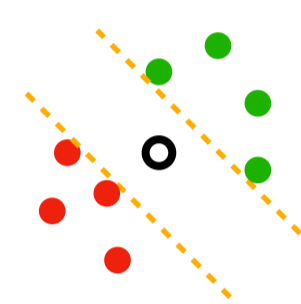
logistic regression + 1,000 samples from MNIST “0” or “8”

A Theory for EoS in Logistic Regression

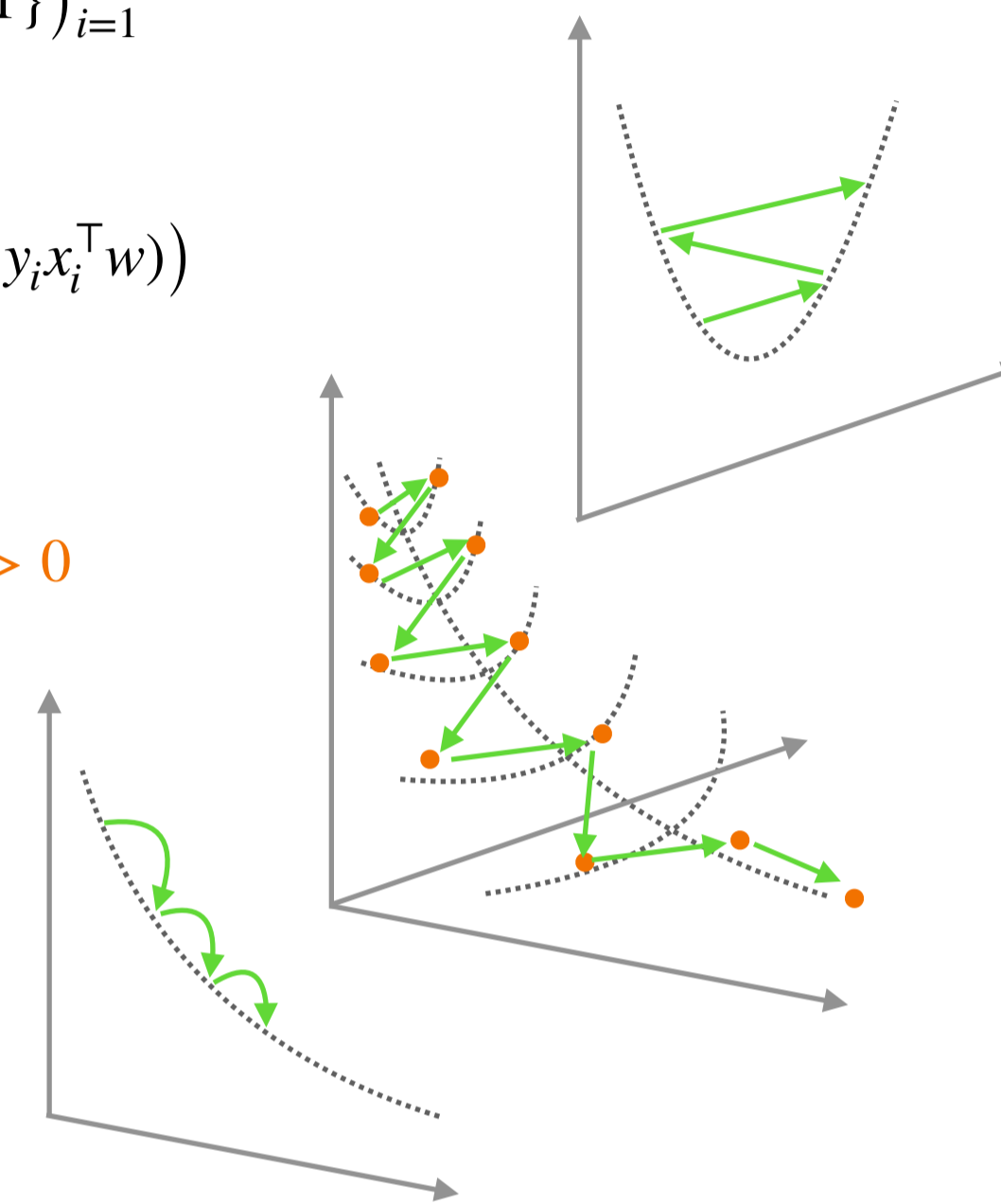
binary classification data $(x_i, y_i \in \{\pm 1\})_{i=1}^n$

logistic loss + linear model

$$L(w) := \frac{1}{n} \sum_i \ln(1 + \exp(-y_i x_i^\top w))$$



Assume: \exists vector w_* such that $yx^\top w_* > \gamma > 0$



Theorem

• **EoS phase.** For every t

$$\frac{1}{t} \sum_{k=0}^{t-1} L(w_k) \leq \tilde{O}\left(\frac{1 + \eta^2}{\eta t}\right)$$

• **Stable phase.** If $L(w_s) \leq 1/\eta$ for some s , then $L(w_{s+t}) \downarrow$ for $t \geq 0$ and

$$L(w_{s+t}) \leq \tilde{O}\left(\frac{F(w_s)}{\eta t}\right), \quad F(w_s) := \hat{\mathbb{E}} \exp(-yx^\top w)$$

• **Phase transition.** We have $L(w_s) \leq 1/\eta$ and $F(w_s) \leq 1$ for

$$s \leq \tau := \Theta(\max\{\eta, n, n/\eta \ln(n/\eta)\})$$

Benefits of large stepsizes

1. Asymptotic $\tilde{O}(1/\eta t)$ for **every** η (beyond $1/\text{smoothness}$)

2. Larger $\eta \Rightarrow$ smaller const factor, but longer EoS

3. Given #steps $T \geq \Omega(n)$, if choose $\eta = \Theta(T)$, then

$$\tau \leq T/2 \text{ and } L(w_T) \leq \tilde{O}(1/T^2)$$

“acceleration” by EoS
w/o momentum or varying stepsizes

4. Theorem. In general, if not enter EoS, then $L(w_T) \geq \Omega(1/T)$

Extensions

A general loss function $\ell : \mathbb{R} \rightarrow \mathbb{R}_+$

A. **Regularity.** Assume ℓ is \mathcal{C}^2 , convex, \downarrow , and $\ell(+\infty) = 0$,

$$\text{define } \rho(\lambda) := \min_{z \in \mathbb{R}} \lambda \ell(z) + z^2, \quad \lambda \geq 1$$

B. **Lipschitzness.** Assume $g(\cdot) := |\ell'(\cdot)| \leq C_g$

C. **Self-boundedness.** Assume $g(\cdot) \leq C_\beta \ell(\cdot)$ and

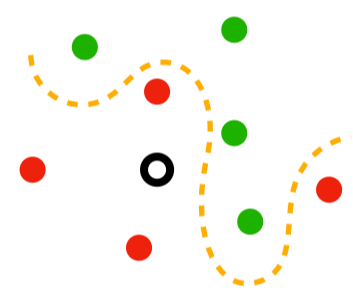
$$\ell(z) \leq \ell(x) + \ell'(z-x) + C_\beta g(x)(z-x)^2, \text{ for } |z-x| \leq 1$$

D. **Exp-tail.** Assume $\ell(\cdot) \leq C_\theta g(\cdot)$

A two-layer network (kernel regime)

$$L(w) := \hat{\mathbb{E}} \ell(y f_x(w)), \quad f_x(w) := \frac{1}{\sqrt{m}} \sum_{s=1}^m a_s \max\{x^\top w^{(s)}, 0\}, \quad w \in \mathbb{R}^{md}$$

Assume NTK init: $w_0 \sim \mathcal{N}(0, I_{md})$; Assume: “separable”
 $(a_s)_{s=1}^m$ random from $\{\pm 1\}$ & fixed in NTK RKHS



Theorem

Assume ℓ satisfies A-B. Fix T , assume $m \geq \Omega(R^2)$ for $R := \Theta(\sqrt{\rho(\eta T)} + \eta)$. Then

• **Lazy training.** For $t \leq T$, we have $\|w_t - w_0\| \leq R$

• **EoS phase.** For $t \leq T$, we have $\frac{1}{t} \sum_{k=0}^{t-1} L(w_k) \leq O\left(\frac{\rho(\eta t) + \eta^2}{\eta t}\right)$

• **Stable phase.** Assume ℓ also satisfies C. If $L(w_s) \leq \Theta(1/(\eta + n))$ for some s , then

$$L(w_{s+t}) \downarrow \text{ and } L(w_{s+t}) \leq O\left(\frac{\rho(\eta t)}{\eta t}\right), \quad s+t \leq T$$

• **Phase transition.** We have $L(w_s) \leq \Theta(1/(\eta + n))$ for $s \leq \tau$, where

$$\tau := \Theta(\max\{\psi^{-1}(\eta + n), \eta(\eta + n)\}), \quad \psi(\lambda) := \lambda/\psi(\lambda)$$

or $\tau := \Theta(\max\{\eta, n \ln(n)\})$ if ℓ also satisfies D

Contributions: (1) EoS \Rightarrow faster optimization (2) open landscape (3) versatile techniques